

GEELONG NETBALL CLUB

Junior Development Program 2019

Teams:

Each year we enter two Open Division teams and one 17&U Div 1 team in the Parkville Netball Tuesday night competition.

Interested players should be aware that game times will change every week. The 17&U team is required to play some late games with a start time of 9.30pm. The Open teams are required to play some late games with a start time of 10.15pm.

To maintain our positions in the Parkville Netball Competition we are required to field teams in both the Autumn (Feb-Jun) and Spring (Jul-Nov) competitions each year. It is an expectation that players when accepting any offer will play both seasons.

Each year we offer training partnerships to some participants not successful in securing a position in one of the teams. These players have the opportunity to participate in the program as training partners. They train with the teams and participate in the well-being and development programs alongside other players.

If it becomes necessary to fill a vacated position in one of the teams due to injury, illness or withdrawal from the program they may be offered the opportunity to take up a permanent position in a team.

Coaches:

We continually work towards developing and maintaining a strong coaching team that supports and drives the program in a positive direction. The coaches together with the mentorship of Gerard Murphy and Mel Savage (Cougars Coaching Panel) and specialist coaches strive to deliver of an elite program for the young players in the Geelong region.



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Training:

Regular trainings will be held at the Grovedale College Sports Stadium, 19 Wingarra Drive Grovedale on Sunday evenings – 5.00pm to 7.00pm.

The coaching team is insistent that all players train and work together thereby allowing us to not only provide support for all individual coaches but to ensure a greater understanding of all players within the Flyer's Junior Development Program.

A pre-season program is run in December and January culminating in a weekend camp mid-January. Pre-season is organized and run by our dedicated Strength & Conditioning coach. All coaches participate in the weekend camp which is utilized to foster morale and for coaches to assess the commitment and attitudes of players before final team selection.

The Autumn competition is heavily weighted towards skill development and extra training sessions. The Spring competition tapers off and consists of weekly training sessions interspersed with personal development workshops including injury management, leadership, dietitian and specialist coaching.

Fee Structure:

A single fee for each season covers all items offered in the program and includes a training top and foam roller. There is a two tier fee structure to cater for those who may or may not have the opportunity to play at Parkville on a Tuesday evening. Fees for the 2019 Autumn season are as follows:

Full Fee: Autumn \$550 Spring \$450
(Players participating in the full program and a member of a team)

Squad Fee: Autumn \$350 Spring \$250
(Players participating in the training program but not a member of a team)

Pro-rata Fee: \$ 15.00 per game
(Should a player participating as a squad member be asked to take up a position in one of the teams a pro-rata fee will be charged depending upon the number of remaining games to be played.)



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The Geelong Netball Club is mindful of the expense involved in participating in the program and will continue working towards keeping fees as low as possible while still maintaining the quality of the program. The fees for each season will be budgeted and advised before you are required to accept any offer that may be forthcoming.

We acknowledge that some families may have difficulty in meeting this financial commitment and welcome an approach in such circumstance to discuss options to allow your daughter to participate.

Fundraising:

The Geelong Netball Club provides financial support for Cougars VNL teams and the Flyers Junior Development Program to meet ongoing financial commitments. Each year we are committed to providing qualified elite coaches, hiring of training venues, entry fees for Parkville and VNL, umpire payments, uniform & equipment, strength & conditioning coaches, motivational sessions and other associated expenses.

Players' fees meet a number of our financial obligations but not all. Rather than raise fees the club holds fundraising activities throughout the season. It is an expectation that all players will participate in fundraising throughout the season.

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